



We are going to take a ‘trip around the house’ and bring you organizing tips for every room! This month we are going to start in the kitchen . . .

DO YOU HAVE TOO MANY KITCHEN GADGETS?

Here is a quick and simple way to “evaluate” them. Put all your kitchen gadgets and utensils into a box. As you use the gadget, put it back into its” original home (drawer or jar on counter). After 2 months, donate or pass along all the gadgets left in the box -- you didn’t use them! (With the exception of the turkey baster since it is a ‘seasonal’ gadget!)

DO YOU FIND YOURSELF ‘ZIG-ZAGGING’ AROUND YOUR KITCHEN?

Set your kitchen up in ‘zones’. Everything you need to accomplish a task should be within arms length. For example, set up a ‘lunch making’ zone. This zone should include a home for lunch pails, water bottles/thermos’, bin of snacks (granola bars, fruit cups, crackers, etc.), plastic lunch containers and/or ziploc bags. You will be more efficient if everything you need is close at hand. Some other zones for your kitchen could be: baking zone, beverage zone, mini office zone, and snack zone.

To learn more about “Getting It Together”, visit us at www.heartofthematter.ca

In order to live a life of purpose